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# MEDICAL MICRODERMABRASION

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**Please circle the points you would like to see improvement in:**

<b>Blackheads</b>	<b>Pores</b>	<b>Fine Lines</b>	<b>Collagen Production</b>	<b>Hyperpigmentation</b>	<b>Age Spots</b>
<b>Dry/Oily Skin</b>	<b>Milia</b>	<b>Smoother Skin</b>	<b>Sun Damage</b>	<b>Acne Scars</b>	<b>Prep for Peels/Other</b>

FIRST NAME:	SURNAME:
ADDRESS:	
	MR/MISS/MRS/MS
TOWN:	
POSTCODE:	
DATE OF BIRTH:	EMAIL:
MOBILE NO:	LANDLINE:
OCCUPATION:	HOW DID YOU HEAR ABOUT US?

**Do you have any of the following conditions on the areas to be treated?**

- Active, uncontrolled or brittle diabetes YES/NO
- Active Viral lesions, Herpes Simplex, Shingles YES/NO
- Eczema or Seborrheic Dermatitis YES/NO
- Active Rosacea (infection around cheeks & nose) YES/NO
- Oral Anti-coagulants (aspirin) YES/NO
- Skin cancer or auto immune disorders YES/NO
- Vitiligo (uneven pigmentation in the sun) YES/NO
- Visible, broken blood vessels YES/NO
- Contact lens wearer YES/NO
- Roacutane/Retin A YES/NO
- Sunburn YES/NO
- Warts, Moles and Skin Tags YES/NO
- Allergies to latex or skin products YES/NO
- Recent skin peels, facial surgery YES/NO

**Please circle your skin type:**

<b>Skin Type</b>	<b>Fitzpatrick Skin Type</b>	<b>Common Nationalities</b>
1	Very fair- always burns in the sun and never tans	Celtic
2	Fair- burns in the sun and tans with great difficulty	Scandinavian
3	Fair- burns but tans gradually	Caucasian
4	Medium- Hardly ever burns and tans with ease	Mediterranean, Hispanic and some Asian
5	Light Brown- Rarely burns and tans profusely	Pakistani & Indian
6	Dark Brown- never burns in the sun and is deeply pigmented	African

Prior to receiving this treatment, I have been candid in revealing any condition that may have a bearing on this procedure, such as, pregnancy, recent facial peels or surgery, allergies, tendencies to cold sores and blisters, the use of Retinol, Accutane.

Medical Microdermabrasion has many benefits, no preparation is required, instant results, comfortable and painless, suitable for all skin types, improves absorption of other products.

There are many benefits of multiple microdermabrasion treatments: Clearer skin. Clean pores, new fresh skin cells, smoother skin, reduced scarring, reduced pigmentation, increased collagen production.

The aftercare is very simple, wear SPF 50 for one week afterwards every day, even on dull days. Wear SPF 50 every day for anti-aging benefits.

I understand there may be some degree of minor discomfort, i.e., tingling, scratchiness, itchiness. I understand there are no guarantees to this or any other procedure, and individual results can vary greatly. I understand that to achieve maximum results, I may need several on-going treatments and use a daily AHA product and Retinol over a period of time.

I understand that the possibility of irritation and redness exists and that I should notify my skin care professional when irritation persists. I will follow any recommended home care programme specifically designed for me without changing or adding any products without consulting with my skin care professional.

**I DO/DO NOT** agree to follow the treatment advice and consent to microdermabrasion.

I agree to all the above and to have this treatment performed on me. I will follow the aftercare advice. Payment in full is required at time of treatment, no guarantees to results can be given, no refunds are given.

SIGN..... PRINT:.....

DATE.....